



**Kingsley Pines**  
The way camp should be

## Family Camp Handbook Summer 2025

### Session Dates

#### Family Camp Week One:

Sunday, August 10 – Saturday, August 16

#### Family Camp Week Two:

Saturday, August 16 – Friday, August 22

### Opening Day Schedule

Upon arrival, check in at the camp office for your cabin assignment.

3:30 - 5:00	Arrive and move into cabins
3:30 - 4:30	Waterfront open for swimming only
4:30	Camp Tour - meet at Bulletin Board
5:00	Happy Hour for Adults - Lodge Porch, Happy Hour for Children (ages 4 & up) – Lacrosse Field
6:00	Dinner
7:00	Evening Activity

### Mail, Phone and Internet Access

You can be contacted by several methods while at Kingsley Pines.

**Mail / Packages:** Mail arrives at camp every afternoon. The mailing and shipping address for USPS, UPS and FedEx is:

Kingsley Pines  
51 Coughlan Cove Road  
Raymond, ME 04071

**Internet Access:** Wireless internet access is available in several locations on the property.

**Cell Phones:** There is cell phone reception at camp. We encourage our guests to limit their cell phone usage to a private location in order to not disturb other guests.

### Traveling to Kingsley Pines

**By car:** Take the Maine turnpike to Exit 63, Gray. Turn left after the tollbooth. Cross over the bridge and then turn right at the traffic light on Route 26A north. After 1 mile, Route 26A will become Route 26 north. Travel 1.5 miles and turn left at the light by the gas station onto North Raymond Road. After 1 mile, turn left onto Egypt Road. At the end of Egypt Road (4 miles) turn right on to Route 85 for 2 miles. At the bottom of a large hill, turn left onto Plains Road. Kingsley Pines is a half mile on the left.

**By plane:** If you plan to travel by plane and not rent a car, we recommend you use a taxi service for your transportation to and from camp.

## What to Bring

Casual summer camp-type attire is recommended for all guests. As the days are filled with a variety of fun activities, our guests generally find it most comfortable to wear shorts and t-shirts. We recommend you also pack some long pants, a warm sweater or pullover, and a rain jacket in the event that we have chilly weather. Don't forget to bring your swimsuit, as swimming and water sports are almost always available!

In addition to clothing and toilet articles, we recommend you bring a flashlight with extra batteries and insect repellent. We provide our guests with bath towels, pillows, pillowcases, sheets, and blankets. We do not, however, have any beach towels. You are welcome to bring your own linens, if you prefer.

Kingsley Pines clothing is available for you to order directly from Maine Camp Outfitters. These items are not required, but fun to have for Family Camp and at home. [Click here to order Kingsley Pines clothing online.](#) It works best for you to order these items ahead of time and have them delivered to your home before arriving at camp.

You are welcome to bring lawn chairs for outside your cabin. We provide them for the beach and common areas.

We provide all of the equipment for in camp activities. Please feel free to bring your own tennis racquet if you would like to.

## Parking

When you first arrive, drive into camp and park opposite the tennis courts. You will be able to drive to your cabin to unload your belongings. Afterwards, we ask that you park all cars in the designated parking areas.

## Children and Supervision

Parents are responsible for their children at all times, unless the children are participating in an organized activity. Since there are no organized activities for children 3 and under, they must always be supervised by a parent.

## Illness or Injury

American Camp Association rules require us to obtain emergency contact and allergy information. This information will be kept confidential. Staff members will provide basic first aid for things like cuts, scrapes, etc. For more serious concerns, a family member can take the person to Northern Light Mercy Primary Care or to Maine Medical Center. In the event of an emergency, staff will call 911 and paramedics and an ambulance will respond.

## Pets

We do not allow pets during family camp.

## Smoking, Marijuana, Illegal Drugs and Weapons

Kingsley Pines is a nonsmoking camp. We do not allow smoking anywhere on camp property. The possession or use of weapons, marijuana, or illegal drugs is not permitted on Kingsley Pines property.

## Activities and Daily Schedule

**Daily Activities:** Each day there are three organized activity periods (two in the morning, one in the afternoon). Children are divided into activity groups according to grade level, and for each time block there is a scheduled activity or activities. **All activities are optional, but may only be offered to an activity group once during your stay**, so take advantage and learn how to rock climb, throw a pot in ceramics, or paddle a kayak.

Campers must be 7 years old and up to participate in waterskiing, tubing, and archery. Campers must be 10 years old and up to participate in Rock Climbing and High Ropes

If you have questions about the activities offered, please see the Program Director. The activity schedule will be distributed the night before at dinner and posted daily on the bulletin board.

**Kids and Activities:** We start offering organized activity periods to kids who are 4 years old and older. Group A is made up of the youngest campers. When you drop them off for First Period, we will keep them entertained for the morning, but you need to pick them up at the end of Second Period (we will not release them to go to their cabins by themselves). You also need to pick your child up in the afternoon at the end of Third Period. Group B and up have regular activities around camp depending on their age. When these groups come to activities our staff provides instruction. We will supervise your children until the end of the activity period and release them when the bell rings.

**Adults and Activities:** We also offer a variety of activities that change on a daily basis for adults only. Our staff will provide adults instruction and guidance as needed. You may participate in as many, or as few of the organized activities as you wish. Relaxing, reading, and just sitting on the beach are always options.

## Biking

If you bring bikes with you to camp, please observe the following rules:

- **Wear bike helmets**
- Do not ride on the grass, the tennis courts, or inside buildings

# Waterfront Safety

## Swimming:

- During the guarded swim periods (11:30 am - 12:00 p.m. & 3:15 p.m. - 4:30 p.m.), we will provide lifeguards to monitor the children and adults in the designated swimming area. Children who are non-swimmers or who have limited swimming skills need to be monitored by parents, even when lifeguards are present.
- At all other times, no child will be allowed to swim unless he or she is directly supervised by an adult.
- Adults should never swim alone.
- Both children and adults should swim only in the designated swimming area.

## Nautilus, Water Trampoline and Attachments:

- All children and adults must wear a life jacket.
- No more than 6 people are allowed at one time on the Nautilus.
- No more than 6 people are allowed at one time on the water trampoline and attachments
- Never swim under the Nautilus or Trampoline and attachments.
- During the supervised swim periods (11:30 am - 12:00 p.m. & 3:15 p.m. - 4:30 p.m.), we will provide lifeguards to monitor the children and adults using the Nautilus or water trampoline and attachments. Children who are non-swimmers or who have limited swimming skills need to be monitored by parents, even when lifeguards are present.
- At all other times, children must be supervised by an adult (one adult for every four children), using the nautilus or water trampoline and attachments.

## Use of Boats:

Canoes, paddleboards and kayaks will be available for adult use from 9:10 a.m. until 4:30 p.m. (except during lunch).

Sailboats and windsurfers will be available for adult use after lunch until 4:30p.m.

Children are also free to use this equipment (except windsurfers), provided that an adult directly supervises and accompanies them. In the interests of safety, we have several requests regarding the use of our waterfront equipment:

- Anyone using any type of watercraft **must wear a life jacket.**
- We ask that everyone, both children and adults, have a staff member instruct you on the proper use of each piece of waterfront equipment before using it the first time.
- All sailboats and windsurfers should remain within eyesight of camp.

Before you use any piece of waterfront equipment, we ask that you inform a staff member which piece of equipment you intend to use, where you are going, and when you intend to return.

## Happy Hour

Every day before dinner, there is a chance to relax and socialize for the adults, and activities are planned for the children ages 4 and up. Adults only are welcome to join us on the porch of the Lodge, and children should check the daily schedule on the bulletin board for that day's event. We want to keep your children entertained during this time, so please encourage them to join us for games of kickball, arts projects, and more.

Boat tours of the lake are also offered for adults only during Happy Hour.

We cannot serve alcoholic beverages. We will provide mixers, soda, and horsd'oeuvres. You can bring or conveniently purchase alcoholic beverages at nearby locations (Just ask the office for directions).

## Evening Program

Every night after dinner there is an evening program offered for everyone. The time, event, and location will be announced each night at dinner, and will appear on your daily activity schedule. The more people that join us, the more fun it is, so come on out and play!

## Campfires

Campfires are permitted in the designated fire pits. Please use caution. All fires must be attended, and supervised by an adult. Before you go to bed, be sure the fire is completely extinguished. Many families enjoy making s'mores each night at their campfire. We do not have the ingredients on hand, so you should bring them from home or purchase them at a local store. The office would be glad to provide directions.

## Staff Gratuities

All of our staff have been selected based upon their genuine interest in working with you and your children. Therefore, parents are not expected to tip our staff for their performance. If you would still like to make a contribution to our staff, we have established a general staff fund in the office. Your contribution will benefit all of the staff as a monetary thank you at the end of the season.

## Departure Times

Departure time is **before 10:00 am** on your departure date. Please check out at the office before leaving.

## Suggestions

Please feel free to share any suggestions with us during Family Camp. We want your stay at Kingsley Pines to be as fun and relaxing as possible.

